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### Client Information Sheet

Client's Name: \_\_\_\_\_ Date: \_\_\_\_\_

Name of Guardian (if Minor): \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ / \_\_\_\_\_ Work Phone: \_\_\_\_\_ / \_\_\_\_\_

Please do not call me at home.

Please do not call me at work.

Mobile Phone: \_\_\_\_\_ / \_\_\_\_\_ Email Address: \_\_\_\_\_

Please do not call me on my mobile phone.  Ok to text.

Please do not use my Email Address.

Client's Birth Date: \_\_\_\_\_ Years of Education: \_\_\_\_\_

School (current): \_\_\_\_\_ Occupation : \_\_\_\_\_

Other people living in Client's household:

Name:	Birth Date:	Relationship:
_____	_____	_____
_____	_____	_____
_____	_____	_____

Client's Marital Status:  Single  Married  Separated/Divorced (Single)  
 Divorced/Widowed (Remarried)  Widowed  Other \_\_\_\_\_

Billing Information:

- I will pay for each session at the day of the service.
- Please send bills to this address only: \_\_\_\_\_
- Please send bills directly to my home address (listed above).
- Please also bill insurance (please provide necessary forms, copy of insurance card, and obtain initial authorization).

Name of Policy Holder: \_\_\_\_\_ Relationship to Insured: \_\_\_\_\_

Policy Holder's DOB: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ Policy Holder's SSN: \_\_\_\_\_

Policy Holder's Home Address: Check  if same as above; Or \_\_\_\_\_

Insurance Carrier's Name: \_\_\_\_\_ Policy ID Number: \_\_\_\_\_

I have received a copy of the **Colorado Notice Form**. \_\_\_\_\_ (signature/date)

I have received a copy of the **Services Agreement** and signed it. \_\_\_\_\_ (signature/date)

Have you ever been in therapy before? If yes, who did you see and when were you seen? What was the outcome?

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List any medications you have ever taken on a regular basis, including doses and dates.

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**MEDICAL HISTORY:**

Name and address of your (or the minor client's) primary care physician:

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Date of most recent physical exam \_\_\_\_\_

What were the results of the exam? \_\_\_\_\_

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Please tell me about any major illnesses and/or operations you (or the minor client) have had. \_\_\_\_\_

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Please tell me about any physical concerns you (or the minor client) are having at present. \_\_\_\_\_

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On average, how many hours of sleep do you get daily? \_\_\_\_\_ Difficulty falling asleep at night? \_\_\_\_ Yes \_\_\_\_ No

Any weight changes over 10 pounds in the past year? \_\_\_\_\_ Yes \_\_\_\_\_ No

Describe your appetite: \_\_\_\_\_

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Do you regularly use alcohol? \_\_\_\_ Do you smoke cigarettes regularly? \_\_\_\_ Do you smoke marijuana regularly? \_\_\_\_

Have you had suicidal thoughts recently? \_\_\_\_\_ if yes, when? \_\_\_\_\_ Have you ever intentionally inflicted any

harm upon yourself? \_\_\_\_\_ if yes, when? \_\_\_\_\_

**FAMILY HISTORY:**

What's your mother's age? \_\_\_\_ If deceased, how old were you when she died? \_\_\_\_\_

What's your father's age? \_\_\_\_ If deceased, how old were you when he died? \_\_\_\_\_

If your parents are separated or divorced, how old were you when they separated or divorced? \_\_\_\_\_

If your parents divorced, has either one remarried? \_\_\_\_\_

List any siblings. \_\_\_\_\_

Were you adopted or raised with parents other than your biological parents? \_\_\_\_\_

Briefly describe if any family members have (had) emotional/behavioral problems. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**CULTURAL BACKGROUND:**

What is your ethnic identity? \_\_\_\_\_  
How much do you identify with your ethnic heritage? \_\_\_\_\_  
What is your religious preference? \_\_\_\_\_  
Are you currently active in your religion? \_\_\_\_\_  
Does your family speak a different language other than English at home? \_\_\_\_\_ What language? \_\_\_\_\_

**FAMILY BACKGROUND:**

Please discuss any past, present, or impending special problems in your family (i.e., deaths, divorce, relocations, injuries, illnesses, financial crisis, unemployment, legal problems, suicide, etc.) \_\_\_\_\_  
Have you personally experienced significant abuse? \_\_\_\_\_  
Have you personally experienced legal problems? \_\_\_\_\_  
Did you experience learning problems in school? \_\_\_\_\_  
In general, how happy or adjusted (1-10) were you growing up? \_\_\_\_\_  
How much (1-10) is your immediate family a source of emotional support for you? \_\_\_\_\_  
How much conflict in values do you currently experience with your parents? \_\_\_\_\_  
Who in your family do you currently feel closest to? \_\_\_\_\_ Most distant from? \_\_\_\_\_ In most conflict with? \_\_\_\_\_

**SOCIAL ISSUES:**

In the past, how would you rate the quality of your peer relationships? \_\_\_\_\_  
Approximately how many significant intimate relationships (> than 6 months or more) have you been involved in? \_\_\_\_  
Besides family members, approximately how many people can you really count on for emotional support? \_\_\_\_\_

**ADDITIONAL INFORMATION ABOUT YOURSELF:**

(optional)

By signing below, I authorize Dr. Godwin to accept assignment of benefits and to release any information necessary to process my insurance claim.

Signature \_\_\_\_\_ Date \_\_\_\_\_